



### **Syllabus for Practitioner I level of Touching the Light**

(To be used in conjunction with Touching the Light Practitioner's Certification Requirements)

This course of study provides the opportunity for participants to learn the art and science of Touching the Light, a timeless Modality that reaches into the 21st Century medicine of spiritual healing. The learning environment and cost of the training include:

- Lectures
- Demonstrations and Supervised Practice Sessions
- Personal Coaching
- Conference Call
- **Mentoring by Dr. Meg and her Instructor Level Students**
- Email Communication
- Class Manual and workbook
- Home Assignments
- **Review and Discussion of Case Histories**
- **Hands on Practice both while learning and with volunteers who will come to class**
- **Client Referrals Upon Certification**

**Module One (Please note that the module materials may be shared in a different order than stated here. Dr. Meg is continually adding new and exciting tools for her students):**

- Introduction to Touching the Light: What is it? How does it work?
- Introduction to the processes of consciousness
- Introduction to complete Holistic Healing as a practitioner
- Introduction to complete Holistic Healing re the client: Becoming Well
- Introduction to Multi-Dimensionality Dimensional structure: The Formation of Matter: The Inter and Outer Corridors of Creation

- Using Our Consciousness to Change Reality
- Our Seventh Sense, God Consciousness, and How it Works: Consciousness and Creation: How they are constructed and how they work together to create reality
- DNA as the mechanism of physical consciousness

**Applicable Exercises:** Establishing Etheric Protection, Learning to perceive outside of the local reality: Multi-dimensional access and awareness and Working with Energy and its nuances, Transferring information from the Akashic Records. Learning to have and interpret intuitive experiences

## Module Two

- Ethics of Healing
- Understanding Harmonics in Relation to Healing
- General Body Balance and Assessment
- Hands on: How to understand general communications from the body
- Beginning Etheric Anatomy:
- The External field - Normal presentations and dysfunctions
- Axiom Points and Grids - Normal presentations and dysfunctions
- The Chakra System in depth – Normal presentations and dysfunctions
- Commanding Change: Learning the Commands for Transmutation and changing harmonics within the chakra system

**Applicable Exercises** hands on exploration of the chakra system and its nuances and out of body perception

## Module Three

- The Marriage of Humanity and Divinity
- Major Vortexes Our Connections to Multi-Dimensional Aspects of Self and Our Lineage
- Hands On: Tracking multi-dimensional aspects, including time, fragmentation, assimilation, harmonization
- The Meridian system in depth (guest speaker)
- Hands On: Working with the Meridian System - Normal presentations and dysfunctions

- Kundalini: What it is, how it works and how to use it - Normal presentations and dysfunctions
- The connections between the external field, the pranic tube, the chakra vortexes and major vortexes as well as the kundalini connection
- Field Mergence: Becoming one with creation and the client
- Hands On: Learning to merge safely with the client
- The Etheric Bodies what are they, how do they work, what do they mean - Normal presentations and dysfunctions
- Hands On: Experiencing the Etheric Bodies

**Applicable Exercises:** Hands On: The Basic Order of Touch: Learning to assess and read the bodies and recognize as well as change the energy field.

#### **Module Four:**

- The Physical Body General systems and their connections to the energy fields – The body tells a story
- Etheric Anatomy as a whole: Putting it all together: General field dysfunctions and anomalies
- Review of the etheric systems
- Basic Understanding of the human anatomy and systems
- The Healing Session – What to expect what never to expect, possibilities and outcomes
- Mudras and energy shifts
- Communication with self and the client: Every Client is a Mirror of Us
- Clearing and Setting the Space
- The Power of Emotion: What is ours and what is our client's?
- How Our Clients May React to Etheric Healing
- Further Anomalies in the Etheric Anatomy
- Debriefing the Client after the session

**Applicable Exercises: Hands on and Remote sessions**

## **Module Five**

- Managing your Practice (Time Structure, Value, Gaining a Client Base, Setting Boundaries, accounting, follow up, more)
- Reporting and Charting Findings
- Working in Nature ~ Becoming your environment

## **Module 6**

- Starting a Personal Practice – Business Aspects and Attitudes, Setting Boundaries and Managing your Time
- Graduation and Certification

### **Applicable Exercises: Hands on and or Remote sessions**

\*All modules are subject to curriculum changes.

**Classes meet from 9:30 am to 5:00 pm, Friday through Sunday There will be one mandatory conference call in July.**

Please email [drmeg@touchingthelight.org](mailto:drmeg@touchingthelight.org) to register

### **Syllabus: Certification Requirements for Level II Touching the Light Practitioner**

**\*Prerequisite – touching the Light Practitioner’s One Course and certification no exceptions**

This course of study provides the opportunity for Certified Level I Practitioner’s to expand their knowledge and experience already gained in the art and science of Touching the Light, a timeless Modality that reaches into the 21st Century medicine of spiritual healing. The learning environment and cost of the training include: (Please note that the module materials may be shared in a different order than stated here. Dr. Meg is continually adding new and exciting tools for her students):

- Lectures
- Demonstrations and Supervised Practice Sessions
- Personal Coaching and Mentoring
- Mentoring by Dr. Meg
- Email Communication
- Class Manual and workbook

- Home Assignments
- Client Referrals available upon Certification (must be listed on the touchingthelight.org website as a certified practitioner or instructor)
- Review and Discussion of Case Histories

## **Practitioner II: Touching the Light Class Modules: Anomalies and Affectations Beyond the Norm, The Living Light Symbols and their Application**

### **Module One:**

- Etheric Guides, Multi-dimensional Beings, the Angelic Realm and Others
  - Learning the difference between their energies
  - Learning how to communicate with beings who come to assist or observe
- Extreme Dysfunctions in the energy field
- Scarring within the energy field
- Dealing with strange and different situations
- Past Life Affectations: Finding and accessing them for Change
- Implants
  - Hard Copies
  - Etheric Implants
- Spirits: Communicating with the Other Side
  - Poltergeists
  - Imprints
- Walk Ins, Assimilations, Star Walkers and Reptilians

- Walk-Ins
- Star Walkers
- Are There Really Reptilians?

**Applicable Exercises – Learning the understand different frequencies of energy in relation to anomalous affectations**

**Module Two:**

- Entities and Possessions
  - Entities in General
  - Nesters
  - Symbiotic Parasitic Entities
  - Hitchhikers
  - Possessions and Infestation By Groups of Entities
- Portals
- Visions of Cups and Swords, Rods and Disks
- ET influences and Abductions

**Module Three Graduation Weekend!  
Using the Living Light Symbols as a Sacred Rite and more!**

- 🕒 Applying the Symbols
  - Level One: The Light Body (Soul) Initiation in conjunction with the physical, or earthly being
  - Level Two: The Body Galactic – Initiation to our Universal Balance
  - Level Three: The Body Unified Locking multi-level initiation in place
  - Level Four: Attuning the Ascension Body (codes the DNA and attunes all levels of the Etheric anatomy to Ascension level of gamma consciousness)
- 🕒 Working with DNA to affect change of hereditary and learned patterns  
Locating and re-attuning genetic dysfunction
- 🕒 Locating and eliminating Toxic and Allergic Patterning
- 🕒 God Consciousness and attuning the energy field for change

*Dr. Meg has added a great amount of new subject matter to Level 2. Stay tuned for details!*

\*All modules are subject to curriculum changes.

Classes meet from 9:30 am to 5:30 pm, Saturday and Sunday

Please email [drmeg@touchingthelight.org](mailto:drmeg@touchingthelight.org) to register or register here on the web site.

### **Syllabus for Instructors and Class Modules:**

**This course of study provides the opportunity for participants to become Instructors in the Touching the Light Process, the art and science of Touching the Light, a timeless Modality that reaches into the 21st Century medicine of spiritual healing.**

**Dr. Meg does not hold separate classes for Instructor Students. Instructor Students are expected to attend both Levels One and Two to interact and assist in mentoring all current students in both levels. . All instructor students are personally mentored and coached by Dr. Meg so that each can learn not only how to mentor others, but also how to communicate, instruct, convey, coach and otherwise assist students in every way. Dr. Meg feels that to be a fantastic instructor is not a being it is a doing. She teaches her instructor students how to instruct Touching the Light in the manner that she learned to. She is available to her instructor students for regular personal discussions as well as ongoing email communication. Skills that the instructor students will learn are including but not limited to the following ~**

- Lectures
- Demonstrations and Supervised Practice Sessions
- Personal Coaching and Mentoring
- Mentor current Students
- Internship for class presentations
- Provision of a full curriculum for teaching (upon Certification)
- Calls if or when needed
- Email Communication
- Home Assignments
- Review and Discussion of Case Histories and Class Events/Challenges
- 7 • Referrals Upon Certification

- Emphasizing the positive in the face of the unknown
- Planning the curriculum – Class curriculum will be approved and provided by Dr. Meg
- Managing the Class – Communicating effectively with students
- Problem solving – Meeting the students and client’s needs effectively
- Integrity as an Instructor – do what you mean, mean what you say, don’t make empty promises, be open to new and different perceptions, and finally, a good instructor is always open to learning new and different things – often the lesson comes when needed.
- Mentoring Practitioner’s Level One Students
- Debriefing of mentoring experiences, discussions and solutions
- Further Mentoring of Level One Students
- Mentoring Level Two Students
- Student Teaching of Class Modules for Practitioner One Students
- Debriefing of Mentoring and Student Teaching Experiences
- Open discussions
- Learning to Evaluate Self as an Instructor, Students and their performances
- Further Mentoring of Students both Levels

\*All modules are subject to curriculum changes.

**Classes meet from 9:30 am to 5:30 pm, Wednesday and Thursday prior to Practitioner’s classes. Schedule TBA. Friday through Sunday There will be two mandatory conference calls per month.**

**Please email [drmeg@touchingthelight.org](mailto:drmeg@touchingthelight.org) to register**